

MONDAY

Due to Maintenance Issues with the High Lane Community Centre, Stay and Play AM High Lane is not currently running

Stay and Play AM For Parent/Carers

Under 5's & expectant parents

9:30am - 11:00am

High Lane Community Centre, W7 3RJ

NEW LOCATION

Youth Club

Weekly Music Production & Recording Sessions

Age 11+

6:30pm - 8:30pm

Copley Close Community Centre
W7 1DT

TUESDAY

Information and Support

Tuesday - Thursday

9:30am - 4:00pm

Social Club

1pm - 3pm (Room G7)

No advance booking required, just come along!

Tea & coffee is provided

Sensory and Creative Play

9:30am - 11:00am

(Sports Hall)

Youth Club Age 11+

6:30pm - 8:30pm

High Lane Community Centre
W7 3RJ

WEDNESDAY

Information and Support

Tuesday - Thursday

9:30am - 4:00pm

Staying Positive Support Group

(4 Weeks)

23rd April - 14th May

9:30am - 11:30am

Fully Booked

Bumps to Babies

9:30am - 11:00am

(Room G6)

THURSDAY

Information and Support

Monday - Thursday

9:30am - 4:00pm

English for Speakers of other Languages (ESOL) Course

9:30am - 1:00pm

HBL/EASE After School Club

Age 6-11 years

North Hanwell Baptist Church

3.40pm - 5.30pm

Youth Club Age 11+

6:30pm - 8:30pm

North Hanwell Baptist Church
W7 1BW

FRIDAY

Stay and Play AM

For Parent/Carers

Under 5's & expectant parents

9:00am - 11:00am

Weekly - term time only

North Hanwell Baptist Church,
W7 1BW

NEW LOCATION

Stay and Play PM

for Parents/Carers

Under 5's & expectant parents

12:30pm - 2:00 pm

Weekly - term time only

Copley Close Community
Centre, W7 1DT

EASE

EASE @ Copley Close Children's Centre

administrator@empowering-action.org.uk

EASE Youth

Jo 07903 526325 youthmanager@empowering-action.org.uk

KEY CONTACTS

English for Speakers of other Languages (ESOL) Course
Registration required - call us on 020 8575 6139



Most services are weekly, term-time only and at Hanwell Community Centre, unless specified

To book your place for any service, please call on 020 8575 6139

Hanwell Community Centre, Westcott Crescent, Hanwell, W7 1PD

www.empowering-action.org.uk

Facebook: [E.A.S.E.\(Empowering Action & Social Esteem\) Ltd](https://www.facebook.com/EASE.EmpoweringActionAndSocialEsteem)




Do you need to talk to someone?
Free 1:1 Psychological Coaching Service
For more information, call us on

020 8575 6139 or 07903 228 993

Or email:

therefreshproject@empowering-action.org.uk